



State of Maryland

Advisory Council on Mental Hygiene/Planning Council

Martin O'Malley, Governor – Anthony G. Brown, Lt. Governor – Joshua M. Sharfstein, M.D., Secretary, DHMH

MARYLAND ADVISORY COUNCIL ON MENTAL HYGIENE/ PL 102-321 PLANNING COUNCIL

Minutes

October 16, 2012

Maryland Advisory Council Members: Gerald Beemer, Sarah Burns, Chair, Mike Finkle, Dennis McDowell, Livia Pazourek, Robert M. Pender, Charles Reifsnider, John Turner

Maryland Advisory Council Members Absent: Richard Blair, Jaimi L. Brown, M. Sue Diehl, Vice Chair; Michele Forzley, Joshana Goga, Joanne Meekins, Edwin C. Oliver, John Scharf, Anita Solomon, Sherrie Wilcox

Individuals highlighted as such are resigned members who have not yet been replaced.

PL 102-321 Council Members Present: Carol Allenza, Coordinator; T.E. Arthur, Coordinator; Kim Bennardi, Eugenia W. Conolly, R. Terence Farrell, Vira Froehlinger, Victor Henderson, Steven Kinney for Tracee Bryant, Sharon Lipford, George Lipman, Cynthia Petion, Sarah Rhine, Kathleen Ward, Phoenix Woody

PL 102-321 Council Members Absent: Lynn Albizo, Naomi Booker, Chicquita Crawford, Herb Cromwell, Catherine Drake, Kate Farinholt, Duane Felix, A. Scott Gibson, Gerri Gray, Alice Harris, Diane Herr, Michael Ito, Julie Jerscheid, Michael Lang, Dan Martin, Jacqueline Powell, Linda Raines, Sheryl Sparer, Jane Walker

MHA Staff Present: Robin Poponne, Thomas Merrick, Carole Frank, Iris Reeves, Greta Carter

Guests and Others: Daphne Klein, On Our Own of Prince George's County; Gayle Jordan-Randolph, Maryland Department of Health and Mental Hygiene (DHMH); Adrienne Hollimon, DHMH; Miriam Yarmolinsky, Peer Wellness and Recovery Services; Tim Santoni, University of Maryland-Systems Evaluation Center

c/o Mental Hygiene Administration

Spring Grove Hospital Center – 55 Wade Avenue – Dix Building – Catonsville MD 21228 – (410) 402-8473

TDD for Disabled – Maryland Relay Service (800) 735-2258

Healthy People in Healthy Communities

INTRODUCTIONS/ADOPTION OF MINUTES:

The meeting was called to order by Council Chair, Sarah Burns. Attendees introduced themselves. The draft minutes of the September 18th meeting were approved as written. The approved minutes will be posted on the Mental Hygiene Administration's (MHA) Web site. www.dhmf.maryland.gov/mha . The Maryland Advisory Council on Mental Hygiene's link is listed under "Resources".

Please note that DHMF has changed its internet mail system to Google. MHA staff email addresses, in most cases (95%), consist of the first name then a dot then the last name at (@) Maryland.gov. It is not case sensitive. If you are not certain, previous email addresses will continue to be effective for only a short time more. MHA staff support emails are as follows: Cynthia.Petion@maryland.gov , Robin.Poponne@maryland.gov , and Greta.Carter@maryland.gov

ANNOUNCEMENTS:

Cynthia Petion announced that MHA will host its annual meeting for the Planning Committee of the Joint Council to review the Implementation Report of the FY 2012 State Mental Health Plan. The meeting will take place on November 15, 2012, from 9:30am to 12:00noon in the Dix building lower level conference room. The materials to be reviewed consist of: the final status reports on the strategies accomplished during the FY 2012 fiscal year; the data reports that promote integration, wellness, and prevention; and other elements of the Mental Health Block Grant Implementation Report.

Mike Finkle announced that On Our Own of Maryland will host a Healthcare Reform/Behavioral Health Integration Summit, October 25th from 9am to 5pm at the Meeting House in Columbia, Maryland. For more information please call 410-646-0262, 1-800-704-0262, or download registration brochure at: <http://www.onourownmd.org/wp-content/uploads/2011/12/HCR-Summit-Registration-Brochure.pdf> .

Carol Allenza thanked Montgomery County On Our Own of Maryland and the Wellness and Recovery Center in Silver Spring, Maryland for providing the Montgomery County AllStars (Youth MOVE chapter) a place to meet regularly within the county.

It was also announced that MHA received a five-year grant from SAMHSA, known as Project Launch. This grant seeks to promote wellness in young children, from birth to age eight. Project Launch focuses on improving the system's infrastructure and services. Prince George's County was identified as the local area for service delivery.

Daphne Klein of On Our Own of Prince George's County, announced that the organization will be hosting "The Community Cauldron" on October 31st from 12 noon to 2pm, presented by Sarah Rhine, MDLC, to discuss rights and advocacy in Maryland. Please call 301-699-8939 for more information.

THE DIRECTOR'S REPORT:

Gayle Jordan-Randolph, M.D., newly appointed Deputy Secretary for Behavioral Health and Disabilities, thanked the Joint Council for supporting her over the years in her role as Clinical Director at Mental Hygiene Administration and affording her many opportunities to learn from the strong relationships developed with consumers, providers, advocacy groups, and other stakeholders. Dr. Jordan-Randolph encouraged everyone to continue to support the Administration as it moves forward with behavioral health integration. She gave an overview of areas and initiatives that she will be promoting:

- Expand roles in primary care as well as in areas of overdose and suicide prevention
- Maintain strengths in the current system as well as incorporate new principles as MHA moves toward behavioral health integration
- Develop outcomes that speak to the efficacy of our system

Joint Council members were charged with identifying at least three outcomes that the department could realistically track. She again thanked everyone for their support.

Cynthia Petion continued the discussion to brainstorm areas of outcomes or concerns. The Joint Council responses were as follows:

- Outcomes of youth and young adults with substance use issues (treatment is usually sought outside the state, especially private insured families)
- Increased focus on intervention and prevention so youth do not have to hit "rock bottom" before receiving help and increased follow-up especially with youth with co-occurring issues
- Focus on positive outcomes (i.e. employment quantity and quality; disenrollment in services; going back to school; more typical lifestyle)
- Observe pivotal period for youth and young adults (16-25), an upswing in mental health issues occur during this time; How well does mental health system help this age group and how did their issues come about (trauma, lifestyle)
- Addressing variation in education needs, engagement of partnerships with focus beyond college as only goal; need to offset high numbers of students dropping out of school
- Inclusion of body-mind connection, treatment of the whole person
- Address parenting skills and whether or not parents have mental health issues
- Address culture and stigma issues for mental health and substance use issues (educate community)
- Children with Autism or Asperger Syndrome, and/or other developmental disabilities - substance use is rising amongst this population

COUNCIL BUSINESS:

The Behavioral Health Council Workgroup will meet on October 17, 2012 at Spring Grove Hospital Center, Mitchell Building, first floor conference room, from 1-3 pm to continue the discussion toward efforts to develop a "behavioral health council". A comparison of the roles/duties/bylaws, membership, meeting frequency, appointments/terms and other key issues will be addressed. If you have any questions, please contact Robin.Poponne@maryland.gov .
(Please see attachment #1).

The Planning and Executive Committee members will meet after the general meeting.

The meeting was adjourned.

Please note, the Agenda for the December 18th Council meeting will be posted on the Advisory's Council's web page, under the resources section, on MHA's Web site www.dhmf.maryland.gov/mha.